

Sample letter for Emotional Support Animal (ESA)
[PHYSICIAN'S LETTERHEAD]

DATE

NAME OF PROFESSIONAL (therapist, physician, psychiatrist, rehabilitation counselor)
ADDRESS

Dear [HOUSING AUTHORITY/LANDLORD]:

[NAME OF TENANT] is my patient and has been under my care since [DATE]. I am intimately familiar with his/her history and with the functional limitations imposed by his/her disability. He/She meets the definition of disability under the Americans with Disabilities Act, the Fair Housing Act as amended in 1988 and the FHEO Notice-2020-01.

Due to mental illness, [FIRST NAME] has certain limitations regarding [SOCIAL INTERACTION/COPING WITH STRESS/ANXIETY, ETC]. In order to help alleviate these difficulties, and to enhance his/her ability to live independently and to fully use and enjoy the dwelling unit you own and/or administer, I am prescribing an emotional support animal that will assist [FIRST NAME] in coping with his/her disability.

[PATIENT NAME]'s [DOG, CAT, ETC...], a [#]lbs. [BREED OR UNKNOWN], provides emotional support by providing a healthy distraction from [FIRST NAME]'s functional limitations and comfort in times of stress.

[PATIENT NAME] assumes 100% responsibility for the training, safety, cleanliness, health, and conduct of the animal at all times.

This letter expires on [DATE], at which time [PATIENT NAME] will be assessed for continued need of an emotional support animal. Should you have additional questions, please do not hesitate to contact me.

Sincerely,
Signature

[NAME OF PROFESSIONAL]
[STATE] License # [000000]